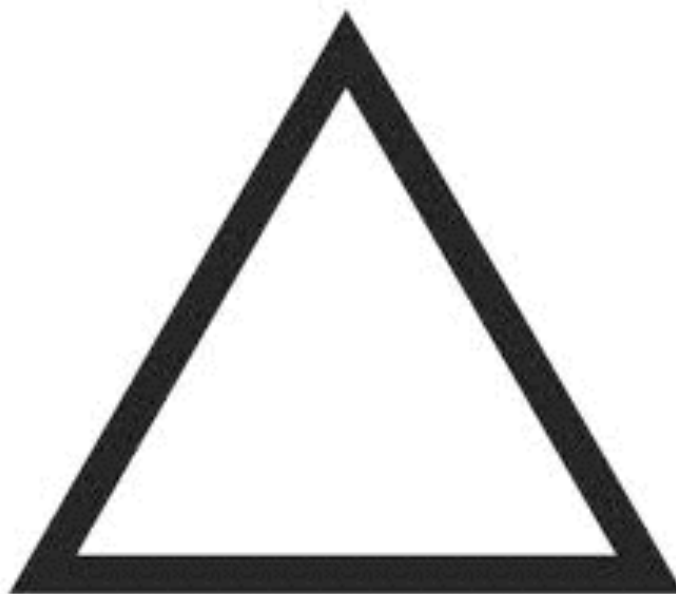


# ***The 3-Areas of KSK Martial Arts***

## **THINKING SKILLS:**

**Tactical Thinking** - Behavior & Results Based Thinking

**Philosophical Thinking** - Understanding our own Beliefs & Values.



## **WEAPON SKILLS:**

**Armas-Kali Curriculum**

## **EMPTY-HAND SKILLS:**

**Kai-Shin Jeet Kune Do Curriculum**

You will note that the THINKING SKILLS is at the top of the triangle, while the physical aspects of the training are at the base. This is by design. We place the personal growth & philosophical development on top because that is the highest and most important level. How we are structured in our head, and in our heart, dictates how we use the knowledge we learn from the physical training.

However the Physical training is at the base for a reason as well. We all start at the bottom and work our way up, in everything. The physical training can serve as a vehicle to help us achieve the higher levels in our THINKING SKILLS.